



BLOSSOM

NEWSLETTER

JANUARY, 2025



আভা সার্জি সেন্টারের উদ্যোগে

অন্যতমা

অন্য নারীর গল্প

“এগিয়ে চলছে যারা অহর্নিশ...
অন্য সেই নারীদের জানাই কুর্নিশ”

আজ তোমায় স্বীকৃতি জানানোর শুভদিন

26th April, 2025 | The Crystal, Taj Bengal

Entry by invitation only



A Legacy Of Care: Reflecting On 30 Years Of Abha Surgi Centre

Dear Readers,

Thirty-two years ago, I faced a life-altering choice: to remain in London, where I had an established gynaecological practice and a thriving career, or to return to my hometown of Kolkata, where my skills could serve a community in need but where no one knew me. Choosing to come back to Kolkata shaped my life in ways I could never have imagined.

When I returned, fate led me to Dr. Konkon, my life partner and greatest collaborator. Together, we dreamt of creating a sanctuary for women's reproductive health—a place where compassion, expertise, and accessibility were the guiding principles. With no entrepreneurial background and limited resources, the vision felt ambitious, but our determination was unwavering. Today, 30 years, over 100,000 surgeries, and countless success stories later, I can say with confidence that it was the best decision of my life.

The day we opened Abha Surgi Centre is a memory I cherish deeply. Our beginnings were humble—a small clinic in my grandfather's old residence, where we repurposed rooms into consultation areas. Much of our equipment was second-hand or gifted by my generous father-in-law, Dr. K.K. Das. Patients came slowly at first, often

with scepticism about our ability to make an impact. But what we lacked in resources, we made up for with belief in our vision and the desire to serve.

One memory from those early days remains etched in my heart. A couple walked into our clinic, burdened by years of heartbreak, societal judgment, and dwindling finances. They had endured repeated disappointments and were told by numerous doctors that parenthood was beyond their reach. After extensive consultations, we discovered significant medical challenges: uterine scarring and a low sperm count, making their case exceptionally complex. Despite the odds, they placed their last hopes in us.

We crafted a tailored treatment plan, combining IVF with advanced interventions. It was a journey fraught with anxious days and multiple procedures, but they persevered. Months later, I carried their tiny miracle out of the operation theatre. As I placed the baby in their arms, the husband broke down in tears—his emotions a mix of gratitude, relief, and the realization that their long-held dream had come true. That moment reaffirmed why Abha Surgi Centre exists—not just to treat medical conditions, but to restore hope where it feels impossible.

Abha Surgi Centre was built on more than just medical expertise; it was grounded in values passed down by two extraordinary individuals: my father-in-law, Dr. Das, and my mentor, Dr. Baidyanath Chakraborty. Dr. Chakraborty's advice, "Focus on providing affordable care, and success will follow," became the cornerstone of our philosophy. This ethos continues to guide us today, as we provide many treatments free of charge each year to couples in need.

Our journey has not been without challenges. IVF was a novel concept in India at the time, and scepticism ran deep. I spent many sleepless nights drafting brochures to educate people about the procedure, hoping to demystify it. Slowly but surely, awareness grew, and as patients began sharing their success stories, Abha earned its place as a trusted centre for women's healthcare.

What makes this journey truly fulfilling is the multigenerational trust we've

built. Patients who came to us for infertility treatments decades ago now bring their daughters to Abha for gynaecological care. These relationships, built on faith and shared milestones, make Abha more than a clinic—it's a part of their family stories.

Our team has been integral to this journey, embodying the values that define Abha. I am particularly moved by the story of a young science graduate who joined us in our early days. Konkon mentored her in embryology, and over time, she became one of our most accomplished team members. Today, her daughter has joined our team, carrying forward the legacy of care and excellence. It's moments like these that highlight the spirit of continuity and belonging that make Abha unique.

Over the years, we've expanded our scope to include high-risk obstetrics, male infertility, genetic counselling, and mental health. I'm reminded of a recent case involving a couple who were both thalassemia carriers. Helping them navigate the complexities of genetic counselling and conceive a healthy child reinforced our mission: to create hope where it feels like none exists.

As we celebrate 30 years of Abha, I am overwhelmed with gratitude—for the families who placed their trust in us, the patients who became part of our journey, and the team members who turned our vision into reality. Every patient who walks through our doors leaves a mark on our story, and I am humbled to have been a part of theirs.

Looking ahead, we are excited to expand our facilities and extend our footprint across Kolkata and beyond. While our services will grow, the heart of Abha will always remain the same: affordable, compassionate, and patient-centred care.

To every patient, team member, and well-wisher who has been a part of this incredible journey—thank you. Here's to 30 years of transforming lives and to many more to come.

Thanking you,

Sincerely,

Dr Bani Kumar Mitra
Managing Director

Launch Of Abha Surgy Centre's Special Cover With Stamp



To celebrate the 30th anniversary of **Abha Surgy Centre**, the leading IVF and Gynaecology clinic of Eastern India, India Post released a Special Cover and Stamp to commemorate the occasion. This marks three decades of the clinic's success in helping couples achieve parenthood.

The Special Cover and Stamp was launched by **Mr Ashok Kumar**, the Postmaster General of Kolkata Region in the presence of **Dr Basudeb Mukherjee**, Senior Gynaecologist associated with Ankuran IVF Clinic, Woodlands Hospital, and Manipal Hospital, **Dr Bani Kumar Mitra**, the Founder & Chief Consultant of Abha Surgy Centre and **Dr Konkon Das Mitra**, Director and Chief Embryologist of **Abha Surgy Centre**.

The Special Cover and Stamp underscored in a unique way, to the clinic's three decades of contributions to women's healthcare and IVF services, making it a memorable occasion for the centre and its patrons.



Indian Stamp History:

1. The very first stamp in India was released in 1852.
2. It had a circular shape and was called Scinde Dawke.
3. The entire print-run was individually embossed on paper.
4. The first stamp of Independent India was issued on 21 November 1947 and was valued at 3 ½ annas. It depicted the Indian National Flag and the slogan, **Jai Hind**.
5. The old inscription of '**INDIA POSTAGE**' was removed and replaced in 1962 with '**भारत INDIA**' that has continued till today. However, three stamps issued between December 1962 to January, 1963 still carried the earlier inscription. There is no records of whether they are still around anywhere!
6. Today, India has the most widely distributed postal system in the world followed by China.



A Journey Worth Looking Back



Dr Konkon Das Mitra
Director and Chief Embryologist,
Abha Surg Centre

Becoming a doctor was more than a career choice for me—it was a legacy I was destined to carry forward. I come from a family of doctors spanning four generations on my paternal side, and my father, Dr. K.K. Das, a renowned obstetrician- gynecologist in Bokaro, played a pivotal role in shaping my path. Watching him serve his patients with unwavering dedication left an indelible mark on me, instilling in me a deep sense of purpose and compassion for others.

Life has a way of weaving beautiful stories, and mine unfolded further during my training when I met Dr. Bani Kumar Mitra at the hospital where we worked. What began as a professional connection soon blossomed into a love story. Our shared passion for medicine and commitment to improving women's health brought us closer, not just as partners in life but as collaborators in our dream of creating a healthcare facility that would truly make a difference. Marrying Dr. Mitra was the start of a journey that would ultimately bring our personal and professional lives full circle.

In 1998, with this vision firmly in mind, I left for the National University Hospital in Singapore to train in embryology. IVF was still in its early stages in India, and my father, ever the visionary, encouraged me to embrace this opportunity. It was not an easy decision—I left behind my four-year-old daughter to pursue this specialized training. But I knew that equipping myself with the knowledge and skills of this emerging field would allow me to contribute meaningfully to countless families longing for a child.

Upon returning to India, we laid the foundation for Abha Surg Centre. IVF was a nascent field then, and I consider myself fortunate to have been among the first doctors in India trained in embryology. Building this practice was not just about implementing new techniques but also about nurturing a team. I took pride in mentoring young science graduates, many of whom remain with us to this day, forming the backbone of our operations.

The early days of Abha were humble yet determined. We operated out of my late grandfather's residence, repurposing rooms to meet our needs. The living room became the waiting area, the kitchen transformed into a darkroom for developing USG films, and bedrooms served as consultation and treatment spaces. With no paid marketing, we relied on the trust and goodwill of our first patients. Slowly but steadily, word-of-mouth recommendations began to bring in more families, and the clinic's reputation grew.

As the patient base expanded, so did our facilities. We acquired properties close to the original clinic, ensuring we avoided high rental costs, which allowed us to keep our fees affordable.

Staying true to Dr. Mitra's principle that no patient should walk away due to financial constraints, we remained focused on offering quality care at reasonable rates.

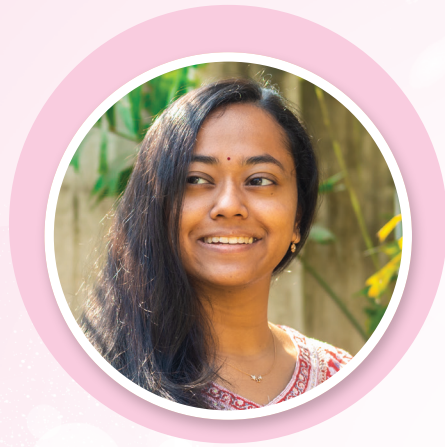
Over the years, Abha Surg Centre has evolved into a trusted institution, expanding our services far beyond gynecology and fertility. Today, we are proud to offer high-risk obstetrics, male infertility treatments, psychological counseling, obesity management, PCO clinics, mental health support, and endoscopic surgery. Patients travel from neighboring countries like Bangladesh to seek our care, and many choose to bring their children into the world at Abha.

What makes IVF particularly special to me is its inherently collaborative nature. Every member of our team, from embryologists to janitors, plays an indispensable role in ensuring success. IVF is a procedure that demands precision, cleanliness, and teamwork, and I am deeply grateful for the incredible team that has stood by us through every challenge.

As I reflect on this journey, I feel a profound sense of pride and gratitude. From a modest clinic housed in my grandfather's home to the multi-specialty center it is today, Abha Surg Centre stands as a testament to perseverance, innovation, and the unwavering belief in making healthcare accessible.

Looking ahead, I am excited about the opportunities the future holds. We remain committed to providing compassionate, high-quality care for every patient who walks through our doors, driven by the same purpose and passion that laid the foundation of Abha all those years ago.

Celebrating 30 Years Of Abha



Surabhi Mitra
Chief - Special Projects

I was about five years old when I first witnessed the impact of my father's work. We were enjoying phuchka on a busy street in Kolkata when a couple approached us. Their toddler wobbled beside them, a living testament to my father's dedication. They shared their story of struggle and triumph in conceiving, thanking my father for rushing to their aid in the early hours of the morning. That moment illuminated why my father often missed dinner at home—it was his calling to help families grow.

As I matured, my summers were spent at Abha Surgy, our old house turned clinic, nestled in the heart of our community. I did my homework to the murmurs of hopeful couples in the waiting room and the reassuring tones of our dedicated staff. My playground was this sanctuary where dreams of parenthood flickered into life.

My mother, one of India's first trained embryologists, ventured to Singapore in 1998 to master her craft. The sacrifice of those months away from home was a testament to her resolve to bring

hope to those battling infertility. Meanwhile, my father transformed a modest setup into a beacon of hope, guided by his ethos that financial constraints should never barricade the path to parenthood.

The clinic's journey from its humble beginnings—seeing just one patient a day—to becoming a regional beacon for reproductive health is a narrative of grit and grace. Our growth was not just in numbers, but in the lives profoundly touched along the way.

In eighth grade, I confronted my father about his absence from my school activities, challenging him to attend an upcoming parent-teacher meeting. As we navigated the corridors of my school, teachers—some of whom I'd never met—shared their stories of my father's life-saving interventions. It was then I truly understood the magical essence of his work.

My mother's routine was a relentless pursuit of excellence balanced with motherly devotion. She started her days before dawn, ensuring I was prepared for school before she donned her surgical cap, yet she always returned home by dinner to help with my studies, ensuring no aspect of my upbringing was neglected.

Today, Abha Surgy Centre has expanded its physical space fourfold and now serves five times the number of patients compared to a decade ago. We're equipped with cutting-edge technology and advanced Assisted Reproductive Techniques (ART), continuing to push the frontiers of medical science.

What resonates most deeply, however, is the generational trust Abha has cultivated. Patients who once sought

help for infertility now return for guidance through menopause, and they bring their daughters to consult with us too. One patient described Abha as "home—a place where we are heard, cared for, and healed." This sentiment underscores that Abha is more than just a clinic; it's a sanctuary of hope and healing.

Five years ago, I embraced my role in this legacy, integrating digital innovations to enhance patient care and management. Growing up alongside Abha Surgy Centre has been an extraordinary journey of witnessing and contributing to a saga of care and compassion initiated by my parents, Dr. Bani Kumar Mitra and Dr. Konkon Das Mitra.

As we mark thirty years of service, my heart swells with pride and gratitude for every life we've touched. This milestone isn't just about reflecting on our past achievements but also about looking forward to continuing our journey with the same dedication and love that has been Abha's hallmark since its inception.

Here's to thirty years of transforming lives and to the many more we will touch together. Thank you to every patient, team member, and supporter who has joined us on this remarkable journey. You are the heartbeat of Abha, the essence of our success.

A Journey Together: Reflecting On 30 Years Of Partnership In Abha Surgy Center's Remarkable Legacy



Sudeep Mukherjee
President: India Business
Meyer Vitabiotics

Abha Surgy Center, one of India's topmost IVF clinics, has been successfully providing world-class fertility treatments for the past 30 years to Indian as well as patients from neighbouring countries like Bangladesh, Nepal, Bhutan & Srilanka. Established with a vision to offer hope to couples facing infertility by Dr Bani Kumar Mitra, the clinic has become a beacon of trust, compassion, and innovation.

I have been associated with Abha Surgy Center for nearly the last 30 years and have witnessed and been a part of this journey from its humble beginnings, into a state-of-the-art facility, combining cutting-edge technology with a team of highly experienced professionals, clinicians & embryologists under the guidance of Dr Bani Kumar Mitra and Dr Konkon Das Mitra. The clinic has consistently delivered outstanding success rates, setting benchmarks in assisted reproductive technology (ART). Its comprehensive services, including IVF, ICSI, egg donation and embryo freezing, are supported by personalized care tailored to individual needs.

A pioneer in the field, Dr Bani Kumar Mitra introduced several advanced techniques in the field of IVF making parenthood a reality for thousands of families. Over the years, its patient-first approach, ethical practices, and relentless pursuit of excellence have earned it numerous accolades, both nationally and internationally.

The core value of Abha Surgy Center has been always patient care and not commerce which facilitated it to be one of the most preferred IVF centers of not only eastern India but neighbouring states & countries too.

As it celebrates its silver jubilee, Abha Surgy Center reflects on a journey marked by resilience, innovation, and countless success stories. With an unwavering commitment to transforming lives, the clinic is poised to lead the future of fertility care in India and beyond. My heartfelt regards and best wishes to this great institution and the mentor & creator Dr Bani Kumar Mitra for this great endeavour.

Employee-Speak



Dinesh Chandra Das

In the third year of my college, my father encouraged me to seek employment to support myself. While still in college, I came to Kolkata in search of a job. In 1999, I met Dr. Bani Kumar Mitra through my sister, who was working at Abha Surgy Centre at the time. Shortly after meeting Dr. Mitra, I joined the centre as the Manager.

During the early years, due to financial difficulties, my father had to leave my other siblings with paternal relatives in Kolkata. Being the youngest of the siblings, my father always wanted to keep me close to him and was determined to provide me with the best possible education despite numerous hardships. Through his tireless effort and support, I completed my early education at Angua Primary School, continued my secondary education at Angua Gadhadhar High School, and later graduated with a degree in Bengali from Danton Bhattor College in Midnapore, becoming the first graduate in my family.

When I joined Abha Surgy Centre, it was 5 years old, with 5 employees providing medical services under Sir and Madam's guidance. In 2003, we ventured into the world of IVF, a pioneering step that shaped our future.

While initial attempts faced challenges, 2006 marked a turning point, as our team celebrated its first IVF success. Since then, we have been at the forefront of medical advancements constantly evolving to meet the ever-changing needs of our patients. Our commitment to providing cutting-edge care has been the driving force behind our growth.

Soon patients from various states, including West Bengal, Bihar, Jharkhand, Odisha, Assam, Uttar Pradesh, Tripura, as well as international patients from Bangladesh, Afghanistan and Nepal, started availing the consultations and treatments. This footfall of patients was without any advertising. Abha Surgy Centre became an icon, solely because of Sir and Madam's sincerity and the success of their treatments.

Through Sir and Madam's relentless and genuine efforts in establishing, managing and advancing medical practices, the Abha Surgy Centre has reached where it stands today. In 2018, our beloved colleague Surabhi Mitra actively joined and restructured the management, setting policies of organization, discipline and determination; thus, transforming the organization.

As members of this team, we are committed to leveraging the latest technology and catering to the evolving needs of our patients. We aim to establish Abha Surgy Centre as a premier healthcare facility, providing world-class care to all who seek our services.

I owe a deep gratitude to Dr Bani Kumar Mitra and his family, from arranging accommodation for me, when I first joined the clinic, to securing a separate flat after I got married. They have taken full responsibility for my two children's education, for which I am eternally grateful. When I first joined, little did I know the profound impact this experience would have on my future. It has not only shaped my career but has also helped me evolve into a responsible person.

Dr. Bani Kumar Mitra and Dr. Konkan Mitra have been invaluable sources of guidance and mentorship. Everything I have learned and achieved in my 26 years of service here has been made possible through the blessings of Sir and Madam, and the affection of Surabhi. Their unwavering support has allowed me to grow both personally and professionally.

Employee-Speak



Priyanka Sett

Being a Bio-Science student I have learned about IVF and its effectiveness. From those days I wanted to be a part of a team of a Fertility Clinic. I am attached to Abha Surgury Centre for over 14 years. I had joined as a Doctor's Assistant and currently I am a senior counsellor. I am drawn to this job because of the opportunities for growth and advancement. I am eager to learn new skills and take on new challenges and I see this role as a perfect fit for my career goals.

As a Doctor's Assistant I guide fertility patients throughout their journey, providing emotional support and clinical care to help patients achieve their ultimate goal, i.e, having a baby. We play a crucial role in supporting patients on often complex and emotionally charged journey towards building a family. As a counsellor, I educate patients and partners on what an IVF cycle entails.

Working in a Fertility Clinic may sometimes be very stressful because of dealing with the emotional content of consultations with infertile couples. However, there are moments that make everything worthwhile. One such experience was working with a couple who had tragically lost their first child. They came to our centre feeling

hopeless and broken. Through counselling, I offered them a space to express their grief and fears, while helping them regain confidence and strength.

After receiving treatment and support, they conceived again and joyfully welcomed their second child. The gratitude and relief in their eyes when they shared the news were unforgettable. Months later, they sent gifts to the clinic as a thank you for the support during such a difficult time.

It's moments like these that remind me of the true value of our work. Knowing we helped this couple through their darkest days and gave them the joy of parenthood makes all the challenges worth it. These emotional connections are why I love my job and remain committed to the work we do.

I have learnt the essence of proper teamwork with guidance of Dr Bani Kumar Mitra and Dr Konkan Mitra. We have to keep patience, persistence whenever we counsel patients and partners. Believing in myself and my abilities have helped me tackle challenges and achieve my goals. We must take care of our mental and physical health to provide better service to our patients.

Since joining Abha Surgury Centre, I have gained the independence to support my family. My work keeps me grounded and humble, and I aim to instil these values in my daughter. Being part of a clinic that offers affordable fertility treatment to all segments of society gives me a sense of inner strength and fulfilment. This motivates me to work harder and grow professionally, which also brings personal joy. Maintaining a balance between my personal and professional lives is the key to my overall happiness and well-being.



Employee-Speak



Alok Halder

Hello! I am Alok Halder and I have had the privilege of being a part of the Abha Surgy Centre family for several decades. My journey began as a driver and over the years, it has become so much more than a job. It is a life intertwined with the mission of Abha Surgy Centre - a mission of hope, healing and creating new beginnings. My bond with Abha is deeply personal which is built on trust, dedication and countless moments that have helped in shaping my life.

I started my journey as the driver of Dr Bani Kumar Mitra and from the very first day, it was evident that this role was unlike any other. My mornings would begin at 5 am, and my days would often stretch late into the night, sometimes till 12 am or 1 am depending on the urgency of the work. Whether it was an emergency delivery or a critical consultation, I was always ready to ensure that D. Mitra could reach patients in need on time. Over the years, my role evolved from being a driver to becoming a steadfast companion, standing by his side through the most challenging times.

One of the most meaningful contributions I have made at Abha Surgy Centre is to helping in establishing and building the donor

network. I was among the first to introduce the concept of ovum donation to women in rural villages. It was not an easy task. I travelled to remote areas, explaining how women could help other women by donating ovum, empowering them with knowledge and compassion. Through patience and perseverance, I was able to build trust and create a network that has become a cornerstone for Abha's success. Today, when I see many lives have been transformed by these donations, I feel a deep sense of pride and fulfilment.

Abha Surgy Centre is filled with moments that remind me other impact we are making whether by helping a couple who has waited years to hear the laughter of a child in their home or being part of the process that gives hope to those who thought they had none. I have witnessed the magic of compassion and commitment. Each story of joy and triumph reaffirms my belief in the work we do here.

A family beyond bloodline, is what makes Abha Surgy Centre truly special is the sense of family it fosters. The doctors, staff and support team members - all work together with one goal in mind - to bring happiness and healing to those who walk through our

doors. Dr Mitra's leadership has been an inspiration, and his unwavering dedication has motivated me to give my best every single day. This camaraderie and shared purpose make Abha not just a workplace, but a home.

From the long days and late nights to the smiles and gratitude of patients, every moment has been worth it. Abha Surgy Centre has not only given me a career but also a purpose that has enriched my life in countless ways. I look forward to continuing this journey, standing by the side of those who dedicate their lives to bringing new life into the world.



An Engrossing Talk Show Marks Abha Surgry Centre's 30th Anniversary Celebrations

As a part of the 30th Anniversary Celebrations of Abha Surgry Centre, an engaging talk show – Journey Of Motherhood And IVF In India, was held at a packed banquet of the city's premiere 5-star Hotel - The Park. Speakers were from different walks of life but had one thing in common – their distinct and informative opinions on IVF, a subject that continues to hold a mix of awe and trepidation in most people even today.

The talk show, therefore, resulted in an interesting dissemination of awareness to be absorbed and passed on. As aptly introduced by the Moderator, **Ms Oindrilla Dutt**, the panelists were set to discuss a topic of extreme importance not just for the present generation but also for those to follow in order to keep the human race going.

The panelists were **Dr Bani Kumar Mitra**, Founder & Chief Consultant - Abha Surgry Centre, a renowned Gynaecologist and Obstetrics who has given the joy of parenthood to countless couples, **Dr Bhaskar Pal**, a leading name in Gynaecology and Obstetrics and with considerable experience in the domain, **Ms Sudeshna Roy**, film director, actor, writer, and a member of important committees related to women and child welfare, **Ms Anindita Sarbadhicari**, film and theatre personality and an IVF mother herself and **Ms Debarati Mukhopadhyay**, Bengali author, and civil servant.



Dr Bani Kumar Mitra

Emphasized the evolution of IVF from treating tubal blockages to addressing infertility. He explained the four key steps in IVF and how modifications are tailored for individual cases, maximizing success rates while minimizing costs. Dr Mitra explained how it is important to understand that there are modifications of these four basic steps from case to case to ensure successful IVF. As medical technologies evolve by the day, doctors try and incorporate the latest method to enable greater success at a reduced cost. For instance, nowadays, doctors try to deliver a single baby as against twin babies in IVF to maximize the chance of success, eliminate the health complications associated with the latter and also provide cost relief to the couple at the same time.



Ms Sudeshna Roy

Shared how societal views on IVF have transformed. From initial skepticism to acceptance, Roy highlighted the growing embrace of IVF, especially among single women who choose motherhood. Some forward-thinking individuals have gone right ahead and embraced change in all areas but unfortunately, there are some who prefer to "stick in the mud". She said she had several friends who were never interested in matrimony but keen to experience motherhood. Her film Ekla Cholo, which tackled IVF, was well-received, marking a cultural shift in attitudes. The plot takes the viewer through many light-hearted moments while educating the basic steps of IVF.



Ms Anindita Sarbadhicari

An IVF mother, shared her personal journey, offering an insightful and candid perspective on the psychological and emotional aspects of becoming a single mother through IVF. She spoke about the challenges she faced in a society that often questions the choices of women, especially regarding their decision to pursue motherhood without a partner. From facing intrusive and judgmental questions about the father's identity to societal assumptions about a woman's morality, Anindita emphasized how vital it is for women to be confident and committed to their decision to pursue IVF, regardless of outside opinions.

For her, the journey of IVF was about experiencing "the magic of creating life" within her body. Despite this success, she acknowledged that the road to motherhood was not always smooth. IVF can be emotionally taxing, and the failures along the way were tough, but she advised others to be prepared for the ups and downs of the process. She believed that the society is in a state of constant flux and with medical science progressing every day leading the Doctors to perform miracles with their advanced knowledge and skills; women have undergone a sea change in their thinking patterns.



Dr Bhaskar Pal

Dr. Bhaskar Pal acknowledged the revolution IVF has caused in gynecology, transforming the experience of infertility. He cautioned that while IVF is groundbreaking, it is not without its challenges, and couples must be prepared both physically and emotionally. He highlighted that when a couple decides on IVF, they should be fully aware of the physical, psychological and economic ramifications. Dr Pal complimented Dr Mitra, on the commendable work he is doing in the field of IVF that seamlessly balances the science, arts, and commerce angles.



Ms Debarati Mukhopadhyay

A Bengali author and civil servant, discussed IVF from a social perspective, focusing on the evolving desire for motherhood and the socio-economic factors that still restrict IVF access to privileged sections of society. She advocated for policy changes to make IVF more accessible.



Ms Oindrilla Dutt

Moderator Of The Talk Show

BEHIND THE SCENES

Making Of Abha Brand Film Featuring Ms Gargee Roy Chowdhury



Releasing On : 26th April 2025

Patients Speak



Shukla Banerjee and Chandan Banerjee

Abha Surgy Centre - The Silent Revolution for a better and Healthy Mankind, a "PROMISE" for gifting bundle of happiness to a family. Although keeping your journey away from the limelight, you are enlightening millions of families along with illuminating my house with the most precious gem I have ever cherished to be with.

Our heartfelt thanks from the core of our hearts and wish you may succeed in brightening many more life, many more families across the world.

Thank you, Dr. Bani Sir and Dr. Konkan Mam, for supporting us in our toughest days and the courage you gave us for not losing hope. We are grateful to you.

Sanjukta Bagchi

After 15 years of marriage, I was blessed to be called 'Mother' by my child in 2014."But this journey was not easy. On the advice of my family doctor, I went to consult Dr. Bani Kumar Mitra in 2012, first at N.G. Medicare, then at Surgy Centre.

Sir and Madam, Konkon Madam, are like gods to me. I could easily pass through the toughest days of my life because of these two people. They surrounded me with protection, security, and love, and showed me how to overcome every obstacle. They taught me how to instantly eliminate all complaints, resentments, and pain from my heart. They taught me to face failure with resilience and turn it into a victory. They taught me how to transform tears into joyful tears... Yes... it was Sir and Madam.

Another truth...

I was able to overcome the complicated steps of infertility treatment with their help. I will forever be grateful to them, and Surgy Centre is like my own family. As long as I live, I will carry this debt on my head.



Darshana Biswas and Saugat Biswas

"Abha Surgy Center, under the expert guidance of Dr Bani Kumar Mitra and Dr Konkon Mitra, is a beacon of hope for couples yearning to start a family. Their profound medical expertise and guidance have helped hundreds of couples experience the joy of parenthood.

Dr Bani Kumar Mitra and Dr Konkon Mitra are highly skilled doctors and also possess a compassionate and empathetic nature that truly impressed us. Their entire team is highly professional and patient-centric. They patiently answer every question, explain every procedure, and provide mental and emotional support at every step—their team excels in every possible way.

We express our deep gratitude to Abha Surgy Center and the Mitra couple. This center is a beacon of hope for all those who desire the joy of children in their lives. Our experience at Abha was wonderful and unforgettable.

We recommend the services of Abha Surgy Center to all aspiring couples."



Nandita Bhattacharyya

My journey to ABHA started way back in 2006 when I conceived my first child. Dr Bani Kumar Mitra is an outstanding professional who treats each of his patients with utmost care and personalised approach. Later in 2012 when I conceived my second child, I once again headed back to ABHA only so that I could get the expertise of Dr Bani Mitra, Dr Konkan Mitra and their wonderful team. The centre is equipped with all modern and necessary equipment and testing devices under one roof to cater to its patients holistically in an honest approach. I would strongly recommend anyone with obstetrics and gynaecological issues to visit ABHA SURGY CENTRE with complete peace of mind.

Saswati Majhi and Pradip Maji

Truly, I came to Surgi Centre with a negative mindset, having faced multiple unsuccessful IVF attempts and disheartened by the commercial approach of many doctors. However, the scientific treatment and positive atmosphere at Surgi Centre completely transformed my perspective on IVF treatment.

Our heartfelt gratitude to Dr B.K. Mitra and Dr Konkan Mitra for helping us experience the most beautiful phase of our lives. We are now blessed with a baby boy, a miracle made possible by the proper treatment protocol (though it is bit lengthy!) and exceptional counselling I received at Surgi Centre.

A special thanks to Dr. Konkan Mitra, whose warm and compassionate nature continues to keep us closely connected even today.



Dr Malabika Banerjee and Dr Supratim Mandal

After years of struggle, our dream of parenthood was realized at Abha Surgi Centre, Kolkata, where we were blessed with twin boys after three years of dedicated treatment. This miracle was made possible by the unparalleled expertise of Dr Bani Kumar Mitra, a towering figure in infertility treatment, whose knowledge, ethics, and commitment are exemplary. Equally commendable is Dr Konkan Mitra, a distinguished clinical embryologist, renowned across India for her precision and professionalism.

The staff at Surgi Centre are well-trained and supportive, creating a nurturing environment for patients. The clinic's treatment charges are economical compared to other IVF centres in Kolkata, with an impressive success rate to match.

To us, Dr. B.K. Mitra and Dr. Konkan Mitra are nothing short of divine. We wholeheartedly recommend Abha Surgi Centre to anyone battling infertility—it is a beacon of hope and excellence. Thank you to the entire team for giving us life's most precious gift.

Suchismita Sen and Moinak Sarkar

"Abha Surgi Centre"- The Ray of Hope: After years of trying to conceive naturally, I just lost all hope and then I have visited this clinic. This clinic is second to none, the doctors, advance equipment, the care, the guidance, the trusted hands, the expertise, the staff and the motivation. I have experienced a smooth IVF journey which will be cherished forever, blessed with a healthy baby boy after 8 years of my marriage. Thanks to Dr Bani Mitra & Dr Konkan Mitra and their team. I would highly recommend this clinic to complete your family.





Shahana Sengupta and Kunal Sengupta

From Longing to Light: A Journey of Miracles and Parenthood

They say God could not be everywhere, so He created parents. But what about those couples whose hearts overflow with love, waiting to pour it all into the arms of a child who remains hidden in the game of hide and seek? When will that tiny angel reveal their cherubic face? When will their world light up with the glow of parenthood? When will The Almighty answer their prayers and fill their lives with the boundless joy of love?

We were one such couple, wandering through a maze of uncertainty for seven long years. We moved from pillar to post, searching for answers, seeking solutions to our fertility struggles, questioning fate: "Where did we go wrong? Why us?" The questions grew heavier with each passing day.

Then, in 2016, as if by Divine intervention, we heard about Dr Bani Kumar Mitra and Dr Konkan Mitra. With trembling hope, we stepped into their world—Abha Surgy Centre—a sanctuary where we realized we were not alone. On any given day, the clinic brimmed with countless couples who wore the same look of longing, eyes searching for their own 'good news.'

For us, Dr Bani Kumar Mitra and Dr Konkan Ma'am became nothing short of God—just as they are for millions of others. Fertility treatments are often arduous, unpredictable, and deeply personal. Different paths work for different people. In our case, the journey was paved with setbacks, with failed attempts that could have broken us. But it didn't, because of the unwavering confidence and warmth they instilled in us. Konkan Ma'am's encouragement was a light in our darkest moments. Her words, her hope—they became the threads that kept us going.

The Abha Surgy Centre team, under the masterful guidance of Dr Konkan Mitra and Dr Bani Mitra, worked tirelessly to uncover every possible cause and solution. They ran countless tests, explored every avenue, and never gave up on us—even when I thought I might have to. My age had started to weigh on me, and I decided the next attempt

would be our last. It was Konkan Ma'am's calm assurance that steadied my heart. She asked me to let go of the worry and live my life as if the answer was already on its way.

I still remember her words: "Stay calm, don't overthink, and carry on with your life as usual." Those words stayed with me, grounding me in hope and resilience.

And then it happened. On June 19th, the long wait ended. My blood test revealed a big, fat positive. After seven years of prayers, heartbreak, and resilience, our miracle was finally here. From that moment onward, I was wrapped in super-extra-special care by Konkan Ma'am, who spared no effort in ensuring that my baby and I were healthy, happy, and positive. I can still hear her voice, saying, "Keep working, live your life as usual. Don't worry about the baby."

She placed me in the hands of the best obstetrician in her team, Dr Gopabandhu Dutta, and the care I received was nothing short of extraordinary.

On February 7th, 2019, as I was wheeled into the OT, I saw him—Dr Bani Kumar Mitra—standing by my side with a radiant smile that felt like a blessing. It was as if God Himself had come to guide me through this final step. His presence, warm and reassuring, felt like a beacon of strength.

When my baby's first cry filled the room, Bani Sir leaned close and asked, "Happy now?" In that moment, every tear, every sleepless night, every prayer whispered into the void became worth it. The birth of a child is not in human hands; it is in God's hands. And for us, God's hands were those of Dr. Bani Mitra and Konkan Ma'am.

They didn't just give us a baby; they gave us hope, faith, and a lifetime of gratitude. The compassion, the confidence, the relentless pursuit of solutions—these are the reasons I say, if God is a human being, it is Bani Sir and Konkan Ma'am.

To them, we owe everything.



Jayanti Seth

My name is Jayanti Seth, I was Dr. Bani Kumar Mitra ' s patient from 2015 to 2017. I underwent A.R.T. for my pregnancy. It was a pleasant experience throughout the process. In this treatment period we came across Dr Konkan Mitra Madam, who not only treats my physical problems and boosts up mentally which really wonders me. Truly speaking I never came across this support in any other IVF centre in Kolkata.

Dr. Mitra has extensive knowledge and experience in IVF treatment and his empathy towards each patient really makes surgery centre best IVF centre in Kolkata.

Moumita Mukherjee and Joydeepa Bhattacharjee

We are beyond grateful to the entire team at Abha Surgy Centre for their exceptional care and support in helping us welcome our beautiful twins into the world. After 12 long years of marriage and countless challenges, your expertise, compassion, and dedication made this dream a reality. The journey that once seemed so daunting was made completely hassle-free under your guidance.

This milestone has brought a new dimension to our lives, filling it with purpose, joy, and a renewed sense of hope. Words cannot express how much this means to us, but we wholeheartedly thank you for making the impossible possible. Your centre will forever hold a special place in our hearts, and we will always recommend it to those in need of your outstanding care.



Nikita Lahoti and Anuj Lahoti

I will forever be thankful to Abha Surgy Centre for helping us start our family! I am beyond grateful to them for making my dream of becoming a mother come true. After just one cycle, I was blessed with a beautiful baby boy. The entire team provided exceptional care and support throughout the process, making me feel confident and hopeful every step of the way. Their expertise and personalized approach truly made all the difference.

Amrita Sengupta and Arindam Sengupta

The desire to have a healthy child is the utmost aspiration of every couple. Throughout our journey, Dr. Bani Kumar Mitra and Dr. Konkana Mitra of Surgy Centre have been our pillars of strength. Their invaluable guidance and positive outlook have been instrumental in us becoming parents to a healthy child. We are deeply grateful for the sincere service provided by every member of the center.



Tirumala Biswas and Suman Biswas

Dr. B.K. Mitra, you will always hold a special place in my heart. Your exceptional care and expertise have made a profound impact on my life. From helping me become a mother to guiding me through my battle with an ovarian cystectomy, you have been a constant source of comfort, strength, and hope. I am forever grateful for your kindness, compassion, and dedication to your patients. Thank you for being an extraordinary doctor and an incredible human being.

Chandrani Khan and Arunabha Khan

A Grateful Journey to Motherhood with Abha Surgy Centre

I am thrilled to share my incredible experience with Abha Surgy Centre, led by the exceptional Dr Bani Kumar Mitra and Dr Konkan Mitra. From the moment I stepped into their care, I knew I was in the hands of highly skilled professionals who genuinely care about their patients.

The centre is equipped with the latest technology, ensuring precise diagnoses and effective treatments. But beyond the cutting-edge equipment, what truly sets Abha apart is the compassionate and personalized care offered by the entire team. They not only treated my condition but also uplifted my spirit during a challenging phase of my life.

Thanks to their expertise and unwavering support, I am now a proud mother—something I once thought was only a distant dream. Words cannot express my gratitude for the life-changing treatment and care I received at Abha Surgy Centre.

For anyone seeking hope and expert guidance on their journey to parenthood, I wholeheartedly recommend Abha Surgy Centre. They are truly a beacon of hope for families looking to grow.

Thank you, Dr.



Nudrat Alam and Zaffar Rahman

I am compelled to share my experience regarding the exceptional care I received from Dr. Bani Kr Mitra, Dr. Konkan Dass Mitra and Dr Nilotpall Roy at Abha Surgy Centre.

The centre itself is modern and well-maintained, providing a clean and welcoming environment. The staff was incredibly friendly and professional, making the initial intake and preparation process smooth and stress-free.

Dr Bani Kumar Mitra impressed me from the very first consultation. His approach to patient care is nothing short of

exemplary. He took the time to listen to my concerns, thoroughly explained the procedure, and took care to outline the risks and benefits, ensuring I felt well-informed and comfortable with my decision. His demeanour instilled confidence and trust, and I felt assured that I was in capable hands.

Dr Konkan Dass Mitra complements her practice perfectly. She is not only highly skilled but also possesses a compassionate bedside manner that is rare to find. During my follow-up visit, she was attentive and genuinely interested in how I was feeling. Her ability to explain complex medical information in an understandable way was particularly commendable. I felt supported throughout the process, which greatly alleviated any anxiety I had.

Overall, my experience at Abha Surgy Centre was outstanding thanks to the combined efforts of Dr. Bani Kr Mitra and Dr. Konkan Dass Mitra. They both exemplify professionalism, expertise, and empathy.

I wholeheartedly recommend Abha Surgery Centre and am confident that you will receive the highest level of care from both Dr. Bani and Dr. Konkan Dass Mitra.

Koyel Bose and Utsav Basu

I am a twin mom and so my pregnancy has been different from normal pregnancy. Abha has shown me the right way to deal with it.

Abha has helped me so much through my pregnancy journey and suggested me the right treatments for successful delivery of my twin boys.

Very much thankful to all the doctors of Abha.





Richa Verma and Himanshu Verma

Good responsible behaviour of staff members and best treatment facilities under guidance of Dr. Bani Kumar Mitra Sir is all worth visiting Abha Surgry Centre. Thank you for such blissful experience.

Swagata Chatterjee and Partha Banerjee

First of all, I am very grateful to Abha Surgry centre for bringing the gift of God in my hand. Several hardships I have to pass before coming here. After I started consultation with Sir BK Mitra Kankana Madam Dr N Roy and team for less than one year finally my baby born. The institute is very cordial with the patient. Special thanks to all of member of this Institution for giving mental support to the would be mother.



Alivia Roy and Sourav Das

I have received very good medical service from Abha Surgry Centre and I am satisfied with it. The two very experienced doctors here, Bani Kumar Mitra and Nilotpal Roy, have provided excellent treatment. They patiently analysed the problem with us and gave feedback. My patient has benefited greatly from this institution. I would highly recommend Surgry Centre.



Debarati Chowdhury Tribedi and Soumya Sundar Tribedi

"I have been blessed to hear my children (a son & a daughter) call me 'Mom'. All thanks to the incredible Abha Surgry Center on Biren Roy Road, Behala. I am not just saying this because of my successful IVF pregnancy at the first attempt but because this institution is truly reliable, especially for those struggling with gynaecological complexities.

After traversing many barren paths, I found the ray of hope at Abha Surgry Centre. From counselling to every stage, everyone at this center provides treatment with utmost care and humanity (including Dr. BK Mitra & Dr Konkon Mitra, nurses, and other staff at all levels). The five doctors I interacted with - Dr Bani Kumar Mitra, Dr. Konkon Das Mitra, Dr Kanchan Mukherjee, Dr Dhritibrata Das, and Dr Nilotpal Roy - were like gods to me.

I wish for the overall progress of this institution, and everyone associated with it. My only request to all current and future patients is that they maintain complete patience and trust and follow all the treatment-related precautions advised by Abha Surgry Centre as much as possible. I hope God blesses everyone."

Suparna Mitra and Debayan Mitra

After having failed in our efforts and having consulted multiple doctors, Abha surgry centre was our last resort. The meticulous treatment procedures were primarily reassuring and so was the renowned expertise of Dr Bani Kumar Mitra overseeing the progress. Dr Bani kr Mitra was strict and caring. Additionally, the treatment and motherly guidance of Dr Konkan Das Mitra gave us no room for doubts that we are in the best of hands.





Jui Karmakar and Debasish Karmakar

I wish to express my heartfelt gratitude to Dr Nilotpal Roy and Dr. Bani Kumar Mitra, sir. I can't thank you enough for the excellent care you have provided. Also, thanks to all staff for their good behaviour and guidance to all patients.

Sanjukta Mukherjee and Tapan Kumar Mondal

Abha Surgy Centre is the best IVF treatment centre, after 3, years of treatment finally we got the divine blessings to be the parents of our twin girls and it became possible only because of Dr Bani Kumar Mitra and Dr Konkan Mitra, all staff at the surgy centre are well trained and helpful. The treatment charges at this place are very reasonable and the clinic's success rate is high.



Bratati Mukherjee Chakraborty and Arnab Chakraborty

Becoming a parent through Abha surgy centre by IVF has been one of the most profound and joyous experiences of my life. The journey was filled with hope, resilience, and unwavering determination, and holding my children in my arms now makes every challenge worthwhile. Dr Bani Kumar Mitra Sir and Dr. Konkan Madam have given me the precious gift of parenthood, something I once feared might never happen. Seeing my children grow, laugh, and thrive fills my heart with immense gratitude and pride. This incredible process not only brought me the greatest joy of my life but also taught me the strength of love and the miracles science can achieve.

Rituparna Sinha and Koushik Sinha

I thank the team of Abha Surgy for keeping me in good health. Your expertise and compassion have made a significant impact.

I feel truly blessed to have received care from someone as dedicated and compassionate as Dr BK Mitta and his team. Your impact will always be remembered with gratitude.



Aruna Kumari and Karunakar Kumari

Excellent. Abha Surgy Centre has given us lifetime happiness. Abha Surgy Centre is the best hospital for IVF in Kolkata. Dr Bani Kumar Mitra and Dr Konkan Mitra at Abha Surgy Centre provide excellent care with good supervision, great customer service, and sterilized equipment. I am very grateful to the doctors (Dr Bani Kumar Mitra sir and madam Dr Konkan Mitra) for helping us become parents to our cute son after a long wait of 8 years. Bani Sir and Konkan Mam are like God to us. We hope God give them all they deserve with a healthy long life.



Pratima Mandi and Khagen Soren

Due to various physical problems, I became a mother in the first treatment with the advice of sir and madam and with the help of helpful sisters. So, for me "Abha Surgy Centre" is the best IVF centre.

Thank you "Abha".

Doyel Ghosh Ghorui and Abhijit Ghorui

After 5 years of marriage, I am blessed with my little ones with the proper guidance of Abha Surgy Centre. I have suffered a lot due to not being able to become a mother, so the Surgy Centre is like God to me."



Saradha Rathi and Manoj Rathi

I have been to 2 to 3 IVF centres but I find surgery centre the best. Firstly, they are very economical. Secondly, they explain the procedure very well. Thirdly, what I find that their success is very high and overall I just want to say they are the best.

Rajashree Ghosh and Subhankar Ghosh

Surgy Centre was an absolute lifesaver during our IVF journey. The compassion and expertise of the doctors and specialists there were invaluable. We felt heard, understood, and incredibly well-cared for throughout the entire process.

Words cannot express our gratitude for the hope and the gift of life you have given us.



Evolving Of A Brand Identity: Abha Surgy Centre's Logo-A Symbol Of Care And Nurture

For thirty years, Abha Surgy Centre has been a name synonymous with trust, care and transformation. As an IVF and gynaecology expert, the centre has not only pioneered transformative care but also woven an emotional connection with its patrons. Beyond its medical achievements, the centre's logo has quietly chronicled its journey, evolving into a visual embodiment of compassion, progress and unwavering connection with its patients. Here's a look at how this symbol has transformed over the decades, much like the lives it has touched.



The First Step: A Vision In 1994

Abha's journey began in 1994, quietly weaving itself into the lives of countless women. It was a humble beginning, focussing on providing quality treatment at an affordable cost for their patients.

It was only in 2019 that Abha Surgy Centre came up with their first official logo and thus visual identity took shape. It was a symbol crafted not just for recognition, but as a testament to Abha's unwavering commitment to care, compassion, and the empowerment of women at every stage of life. At the heart of this design was a deeply emotional concept - a mother tenderly cradling a child within her womb. Minimalist yet profoundly evocative, it spoke about the centre's commitment to nurturing life and supporting women through the transitions of adolescence, fertility challenges and motherhood. For the countless women who walked through its doors, the logo became a beacon of hope, a reminder that they were in the hands of a place that truly cared.



A New Era: Simplicity With Sophistication

As the centre grew with time and its services expanded, the need for a refreshed identity arose. The second iteration of the logo embraced a modern approach. A delicate line drawing of a woman holding a baby took centre stage, retaining the emotional core of the original design while introducing a contemporary aesthetic. The flowing curves showcased warmth and trust, while soft pink hues evoked love, care and maternal strength. This version of the logo captured the essence of Abha Surgy Centre's evolving role - a place where science meets compassion and patients are treated as partners on their journey to parenthood.



A Milestone Worth Celebrating: Special Logo Marking 30 Years Of Excellence

In 2025, Abha Surgy Centre reached a momentous milestone: three decades of dedication in the field of IVF and Gynaecology. To celebrate this incredible journey, the logo underwent a thoughtful transformation once more. Staying true to its roots, the elegant depiction of the mother and child remained intact. But this time, the design proudly highlights the words "30 Years", seamlessly integrated into the composition. This addition was more than a numerical marker, it was a tribute to the trust, hope and legacy built over three decades. The soft pink tones are a hallmark of the logo which continued to symbolize compassion, while subtle modern touches reflected Abha Surgy Centre's forward-thinking vision.

A Reflection Of Growth And Commitment

Abha Surgy Centre's logo has evolved over time, growing stronger while staying true to its core values. The three transitions of the logo are more than just designs, they are the chapters in a story of care, resilience and commitment. From its heartfelt beginnings in 1994 to its sleek, contemporary presence today, the logo captures Abha Surgy Centre's journey of embracing innovation while remaining deeply rooted in empathy.

In a world where symbols often speak louder than words, Abha Surgy Centre's logo is a quiet yet powerful reminder of its unwavering mission: to nurture, empower and transforming lives.

Making Headlines



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